

# HTC ALL Campus Menu September 2017

Monday

Tuesday

Wednesday

Thursday

Friday

**28**  
**Chicken nuggets**  
 Rice  
 Cooked Carrots  
 Green beans  
 Assorted fruit  
 Milk

**29**  
**Salisbury Steak w/T-roll**  
 Potato smiles Baked beans  
 Steamed broccoli gravy  
 Assorted fruit  
 Milk  
**Chicken nuggets & T-roll**

**30**  
**Cheese stuffed bread sticks**  
**with pizza sauce**  
 cucumbers baby carrots  
 Assorted Fruit  
 Milk  
**Chicken nuggets & T-roll**

**31** **Pancakes w/choice of 2**  
 sausage, cheese, yogurt,  
 hard boiled eggs  
 Hash brown Cherry tomatoes  
 Assorted fruit  
 Milk  
**Chicken nuggets & T-roll**

**September 1**  
**Cheese Pizza**  
 Carrot sticks Celery sticks  
 Fresh Broccoli  
 Assorted fruit  
 Milk  
**Chicken nuggets & T-roll**

**4**  
**NO SCHOOL**

**5** **Hamburger or**  
**Cheeseburger on a bun**  
 French fries onions  
 Celery Sticks  
 Assorted Fruit  
 Milk

**6** **Grilled Chicken Salad**  
**Grilled chicken, lettuce, spinach**  
**w/o cheese, garlic breadstick**  
 cherry tomatoes cucumber  
 Assorted fruit  
 Milk  
**Hamburger/cheese on a bun**

**7** **Corn Dogs**  
 Baked beans  
 Coleslaw(MS)  
 Babycarrots  
 Assorted fruit  
 Milk  
**Hamburger/cheese on a bun**

**8**  
**Grilled cheese sandwich**  
 Tomato soup goldfish crackers  
 Cucumbers  
 Assorted Fruit  
 Milk  
**Hamburger/cheese on a bun**

**11**  
**Chicken Patty on a bun**  
 Green Beans  
 Baked Beans  
 Assorted Fruit  
 Milk

**12** **Pasta bar "rotini - plain,**  
**sauce, meatsauce,w/wo cheese"**  
 Steamed broccoli  
 Assorted Fruit  
 Milk  
**Chicken patty on a bun**

**13** **French Toast sticks choice**  
**sausage, cheese, yogurt,**  
**hard boiled eggs**  
 Hash brown Baby carrots  
 Assorted fruit  
 Milk  
**Chicken patty on a bun**

**14** **6" Turkey Subs**  
 Lettuce Onions  
 Tomato  
 pepper rings  
 Assorted fruit  
 Milk  
**Chicken patty on a bun**

**15**  
**Pepperoni Pizza**  
 Carrot sticks Celery sticks  
 Cucumbers  
 Assorted fruit  
 Milk  
**Chicken patty on a bun**

**18**  
**Hot Dog on a bun**  
 Baked beans  
 Roasted Broccoli  
 Assorted Fruit  
 Milk

**19** **Walking Tacos**  
**"taco meat, chips, cheese"**  
 Lettuce Salsa  
 Onions tomatoes  
 Assorted Fruit  
 Milk  
**Hot dog on a bun**

**20** **Waffles sticks w/choice**  
**sausage, cheese, yogurt,**  
**hard boiled eggs**  
 Hash brown Cherry tomatoes  
 Assorted fruit  
 Milk  
**Hot dog on a bun**

**21**  
**Cheese stuffed bread sticks**  
**with pizza sauce**  
 cucumbers baby carrots  
 Assorted Fruit  
 Milk  
**Hot dog on a bun**

**22**  
**IN-SERVICE**

**25**  
**Pizza**  
 Carrot sticks Celery sticks  
 Fresh Broccoli  
 Assorted fruit  
 Milk

**26** **"Mashed potato bowl"**  
**diced chicken & gravy over**  
**with a garlic breadstick**  
 Mashed potatoes Corn  
 Assorted fruit  
 Milk  
**Pizza**

**27** **Pancakesw/choice of**  
**sausage, cheese, yogurt,**  
**hard boiled eggs**  
 Hash brown Cherry tomatoes  
 Assorted fruit  
 Milk  
**Pizza**

**28** **Grilled Chicken Salad**  
**Grilled chicken, lettuce, spinach**  
**w/o cheese, garlic breadstick**  
 cherry tomatoes cucumber  
 Assorted fruit  
 Milk  
**Pizza**

**29**  
**Ham & Cheese on a Pretzel Roll**  
 Green beans  
 Baked Beans  
 Assorted fruit  
 Milk  
**Pizza**

**Lunches \$2.75 Pre-paid**

on-line at "www.myschoolaccount.com" or checks sent to the office in an ENVELOPE **marked with your name and "CAFETERIA - LUNCH MONEY" on the envelope**

**NO CHARGED LUNCHES**

**Lunches are \$2.75 Please pre-pay.**

The entrée's are in bold and italicized in monthly menu. All daily vegetables and fruit are served with each entrée. **The following Entrees kits are** offered every day

**Parfait Kit**

8 oz of vanilla yogurt with 1/2 cup strawberries  
1/4 c Granola  
1 oz Soft Pretzel

**Un crustable kit**

2.3 oz PB & J Un crustable  
choice of 4 oz trix yogurt or  
a 1 oz cheese stick  
.75oz baked gold fish

**Cheese & Yogurt kit**

4 oz trix yogurt  
1 oz cheese stick  
2 oz of tortilla chips  
3/8 cup of salsa

**Canned fruit in juice or extra light syrup**

**Assorted Fruit includes:**

canned pineapple, canned peaches, canned pears,  
canned mandarin organes, canned applesauce

when available additional fruit will be on marked on menu  
raisins, frozen peaches, frozen strawberries  
orange juice, grape juice, bananas, grapes

these are served with the vegetable and fruit of the day and milk

Students must take 3 of the five items offered every day.

(Meat/Meat alternate, grain, vegetable, fruit, milk)

One of those items **must** be 1/2 cup of fruit or vegetables.

We offer 1/2 cup serving of assorted fruit and at least 3/4 cup of vegetables in many varieties everyday.

Any questions about the menu, please email Chris Watt @ Watt.Christine@holytrinitycatholic.school.

Items may be substituted without notice due to unforeseen circumstances.