

# HTC Fairview Elementary School Menu May 2024

Monday

Tuesday

Wednesday

Thursday

Friday

		<p><b>1 Pasta Bar</b>  <i>meatsauce-no sauce-regular sauce</i>                      1 c rotini                      3/4 c cooked broccoli                      1/2 c Assorted fruit                      8 oz Assorted milk</p>	<p><b>2 2 Pancakes - syrup</b>  <i>^choice of 2 proteins syrup</i>                      1/4 c 1 hash brown ketchup                      2.6 oz baby carrots ranch                      1/2 c Assorted fruit                      8 oz Assorted milk                      no prk3 &amp;prk4</p>	<p><b>3 Pepperoni or Cheese Pizza</b>                      2.6 oz baby carrots ranch                      1/4 c cucumber slices                      1/2 c Assorted fruit                      8 oz Assorted milk</p>
<p><b>6 Chicken Patty on bun</b>                      1/2 c cooked broccoli                      1/4 cooked carrots                      1/2 c Assorted fruit                      8 oz Assorted milk</p>	<p><b>7 Bologna slices on a bun</b>  <i>w/wo american cheese</i>                      1/4 c 3 celery sticks                      1/2 c 2.6 oz baby carrots ranch                      1/2 c applesauce                      8 oz Assorted milk</p>	<p><b>8 4 French Toast sticks</b>  <i>^choice of 2 proteins</i>                      2.6 oz fresh baby carrots ranch                      1 hash brown ketchup                      1/2 c Assorted fruit                      8 oz Assorted milk  <b>No 5th grade</b></p>	<p><b>9 Hamburger on a bun</b>  <i>w/wo American cheese</i>                      1/2 c green beans                      1/2 c baked beans                      1/2 c Assorted fruit                      8 oz Assorted milk  <b>12:05 mass at Fairview</b></p>	<p><b>10 Bosco's cheese stuffed bread sticks w/wo pizza sauce or marinara sauce</b>                      1/4 c cucumber slices                      2.6 oz baby carrots ranch                      1/2 c Assorted fruit <b>no 1st grade</b>                      8 oz Assorted milk <b>no 3rd grade</b></p>
<p><b>13 6 Dino Chicken Nuggets &amp; T-roll</b>                      1/2 c cooked broccoli                      1/2 green beans                      1/2 c Assorted fruit                      8 oz Assorted milk                      No 2nd grade no 4th grade</p>	<p><b>14 Dutch waffles</b>  <i>^choice of 2 proteins</i>                      2.6 oz fresh baby carrots ranch                      1 hash brown ketchup                      1/2 c Assorted fruit                      8 oz Assorted milk</p>	<p><b>15 Walking Taco w/wo cheese "taco meat -nacho chips"</b>                      1 c shredded lettuce                      1/4 c cherry tomatoes salsa                      1/2 c Assorted fruit                      8 oz Assorted milk</p>	<p><b>16 6 Mini Corn Dogs</b>                      1/2 c baked beans                      1/4 c corn                      1/2 c Watermelon                      8 oz Assorted milk  <b>Fun Day Fairview</b></p>	<p><b>17 6 "Turkey Hoagie</b>                      1 c shredded lettuce                      1/4 c cucumber slices                      1/2 c Assorted fruit                      8 oz Assorted milk  <b>Mass at the cathedral</b></p>
<p><b>20 5 chicken nuggets with roll</b>                      1/2 cooked green beans                      1/4 c cooked carrots                      1/2 c Assorted fruit                      8 oz Assorted milk</p>	<p><b>21 Cheese stuff crust pizza w/wo pepperoni</b>                      Cook's choice 3/4 c vegetables                      1/2 c Assorted fruit                      8 oz Assorted milk  <b>No Prk4</b></p>	<p><b>22 Ham &amp; Cheese on a Pretzel Bun no cheese - American - Provolone</b>                      Cook's choice 3/4 c vegetables                      1/2 c Assorted fruit                      8 oz Assorted milk                      no K, prk4</p>	<p><b>23 Bosco's cheese stuffed bread sticks w/wo pizza sauce or marinara sauce</b>                      Cook's choice 3/4 c vegetables                      1/2 c Assorted fruit                      8 oz Assorted milk                      no K, no prk4, no 5th</p>	<p><b>24</b>                      Last Day                      NO LUNCH</p>

<p><b>Lunches \$3.25 Pre-paid      Reduced lunches Free</b></p> <p>on-line at "www.myschoolaccount.com" or checks sent to the office in an ENVELOPE <i>marked with the child's name, campus name and "CAFETERIA - LUNCH MONEY" on the envelope</i></p>	<p><b>Adults \$4.45 Pre-paid</b></p>	<p>Lunch statements are emailed at the end of the month. <i>The sender is noreply@myschoolaccountnotifications.com</i></p> <p>Please check your spam or junk folder. Negative statements will be emailed accordingly.</p>
<p><b>NO CHARGED LUNCHES      Lunch payments must be made by using separate checks for each HTC school campus.</b></p>		

^Proteins for breakfast - sausage, cheese stick, yogurt or hard boiled egg.

1/2 or all grains will be whole grains  
1/2 of grains may be enriched

The entrée's are in bold and italicized in monthly menu.  
All daily vegetables, milk and fruit are served with each entrée.  
**\*\*The following Entrees kits are** offered every day and is substituted for the main

**Snacks/Beverages**  
purchased in the cafeteria will be charged to the student's lunch account. (ala carte)

If the student does not have a credit balance in the ala carte purchase will be denied.

**Extra Student Entrée \$1.50**  
will be denied if no funds in ala carte account

**Canned fruit in juice or extra light syrup**

**Assorted Fruit includes: 1/2 c portions**  
canned mixed fruit, canned or frozen peaches, canned pears, canned applesauce

**Additional available fruit may be offered**  
raisins, frozen strawberries, watermelon, canned mandarin oranges, orange juice, grape juice, bananas, apples, grapes, canned pineapple

**Check lunchroom board for availability.**

<u><b>Parfait Kit**</b></u>	<u><b>Uncrustable Kit**</b></u>	<u><b>Egg &amp; Cereal Kit**</b></u>	<u><b>The Guardian**</b></u>
8 oz. of vanilla yogurt 1/4 c granola .75 oz baked goldfish with or without strawberries	2.6 oz. PB & J Uncrustable choice of 4 oz. yogurt or a 1 oz. cheese stick .75oz baked gold fish	Large hard boiled egg 1 oz. bowl cereal .75oz baked goldfish Prk3 & Prk4 cereal choice cheerios or cinnamon toast crunch	1 oz cheese stick 4 oz yogurt 1.45 oz reduced fat tortilla chips with or without salsa

Each kit provides 2 oz. eq protein & 2 grain eq which is equal to 2 items for a reimbursable lunch.

\*\*Kits are served with the vegetable and fruit of the day and milk

**Assorted Milk may include: half pint of**  
Fat free white, 1% white, 1% chocolate, 1% strawberry, 1% vanilla  
**PRK White Milk only served with lunch**

Students must take **3** of the **5** items offered every day.

**AND**

(Meat/Meat alternate + grain = entrée most of the time)

One of those items **must** be 1/2 cup of fruit or vegetables.

We offer 1/2 cup servings of assorted fruit and at least 3/4 cup of at least 3/4 cup of vegetables in many varieties and portion sizes everyday.

**Condiments packets only - may include**  
ranch, hot sauce, syrup, BBQ sauce, ketchup, salsa  
Italian, mustard

Any questions about the menu, please email Chris Watt @ Watt.Christine@holytrinitycatholic.school.

Items may be substituted without notice due to unforeseen circumstances.